



Career Planning

About Career Planning

Modern work life may involve several role changes throughout your career. In this workshop we introduce you to a process to assess your goals and career drivers and provide you with options for your future. We take participants through self reflective processes and introduce tools to examine the options they face and how to utilise their natural strengths to their benefit.

What are the benefits of attending this course?

The following benefits for individuals, teams and organisations are achieved by attending this workshop:

- Identifying personal and professional goals
- Understanding your own values
- Defining your own career drivers
- An understanding of how to utilise your natural skills
- Direction on career pathways
- Options and actions plans to manage your own career
- Ongoing support for participants in implementing a career planning plan

How is it delivered?

Certified Career Planning Officers deliver a one day course format which introduces participants to strategies and tools in assessing and planning the next step in their career. Group activities and hands on exercises help participants to develop toolboxes and strategies to use at home and work.

Cost: The cost of delivery of the Career Planning workshop depends on the number of participants attending. In general, the following prices are used:

1-4 participants \$200/person*

5-8 participants \$175/person*

9-16 participants \$140/person*

A range of 6-12 participants per workshop is recommended for an effective workshop process

All workshop participants will be contacted 4-5 weeks after the workshop for a follow-up interview to check on their understanding and help further develop their skills in managing their career

Contact: admin@seedskills.com to arrange an interview or call Ben Fleming on 0401 732 186